

LiveHealth Online

Access to care from anywhere for UC SHIP



LiveHealth
ONLINE

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem National Accounts Blue Cross and Blue Shield.

LiveHealth Online goes where you go

Access LiveHealth Online via smart phone, tablet or computer

The LiveHealth Online app is available on both iOS and Android





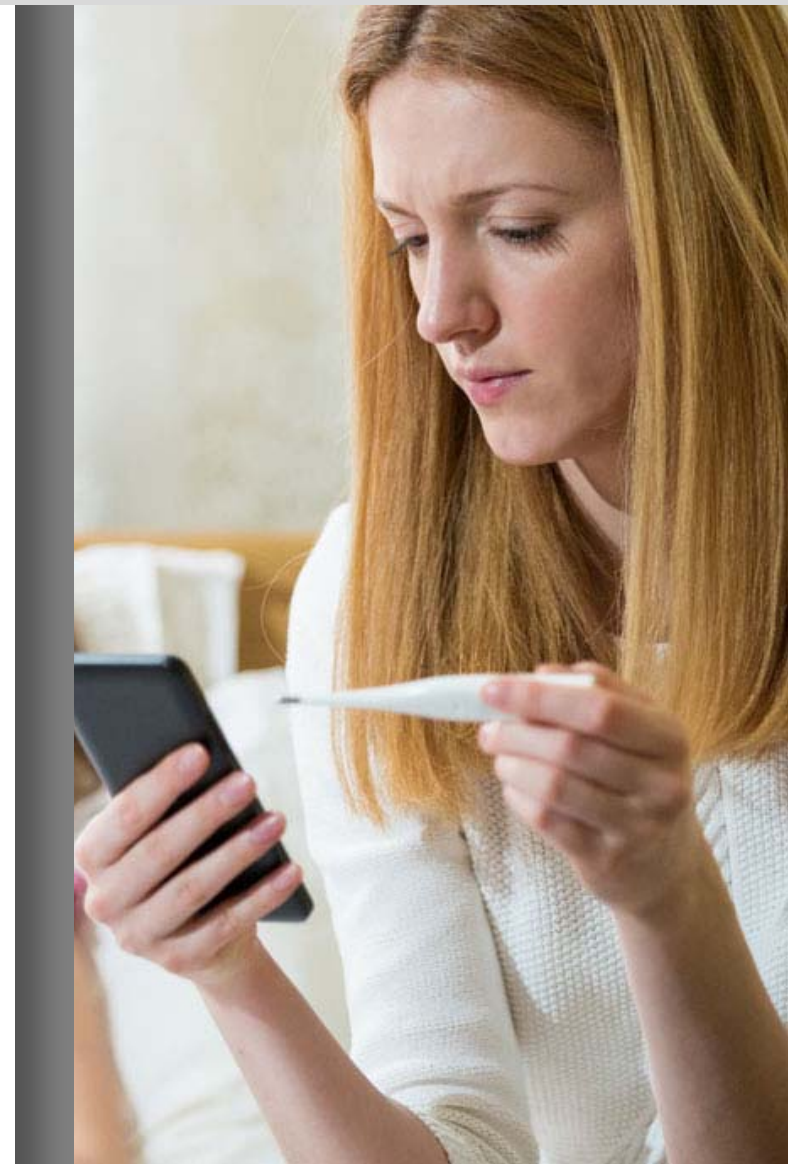
LiveHealth Online | Medical



The features of LiveHealth Online Medical

- Live, on-demand video doctor visits 24x7/365
- Accessible by smartphone, tablet or computer
- Cost is less than or equal to your office visit
- Available in all states with an average wait time of 10 minutes
- Choice of board certified, Anthem network doctors
- Secure and private, HIPAA compliant video visit
- E-prescribing to your pharmacy of choice*

*Only non-controlled substances can be prescribed via video doctor visits



LiveHealth Online Medical - Quick and easy access to doctors



Emergency Room

Time: 3+ Hours



Urgent Care Center

Time: 2+ Hours



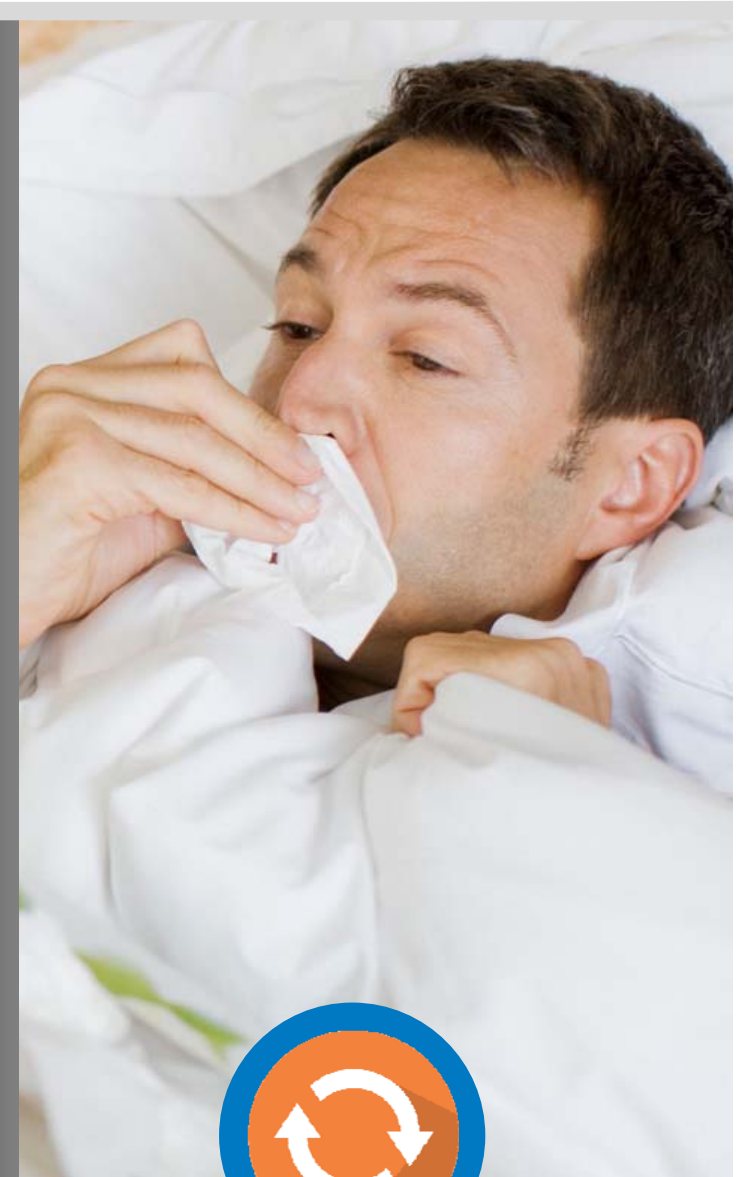
LiveHealth Online

Time: 10 min or less wait

Student Pays PHO Copayment - \$25

What LiveHealth Online Treats

- Abrasions, minor wounds
- Acne
- Anxiety
- Asthma
- Allergies/allergic rhinitis
- Back pain
- Cough/Cold
- Depression
- Diabetes/hypoglycemia
- Diarrhea
- Ear pain
- Fever
- Headache/migraine
- Hypertension
- Incontinence
- Influenza/flu
- Insomnia
- Nausea/Vomiting
- Obesity
- Pinkeye and other eye infections
- Rashes/skin disturbances
- Sinus infection
- Smoking cessation
- Sore throat/pharyngitis
- Sprains and strains
- Urinary tract infection



Access



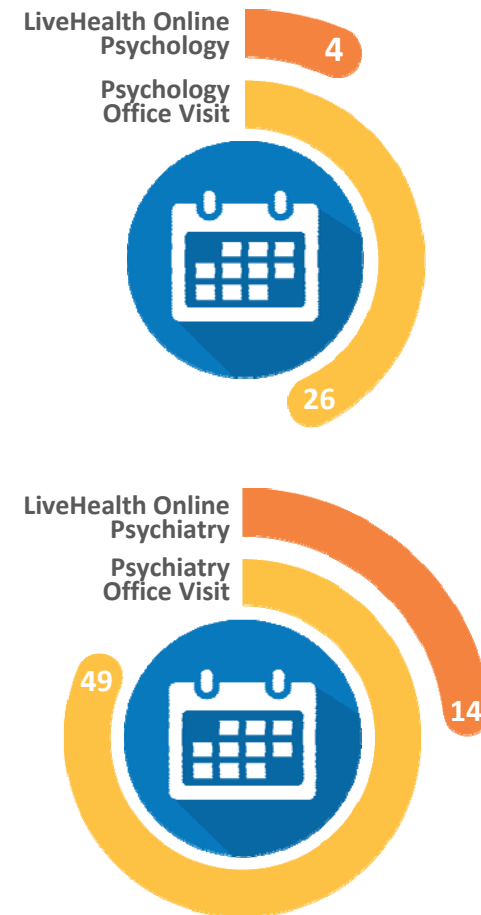
LiveHealth Online | Behavioral Health

Here's how LiveHealth Online can help

- Video visits with in-network licensed Psychologists, Therapists and board certified Psychiatrists
- Continuity of care between online visit practices allow doctors and therapists to refer members if additional support is needed
- Similar to the cost of an office therapy visit.
- Self-scheduled appointments, 7 days a week
- Private, easy to access and convenient
- Available in 50 states
- Access via smart phone, tablet or computer

*<https://www.naminh.org/sites/default/files/Summary%20Report%204%2028%2014%20Waiting%20for%20Help%20FINAL2.pdf>

Days Before First Visit*




Here's how LiveHealth Online can help

	LiveHealth Online Psychiatry 	LiveHealth Online Psychology
Provider types	Board Certified Doctors	Licensed Psychologists and Therapists
Benefit offered	Medication, if necessary after evaluation	Counseling with Psychologists or Therapists
Visit length	30-45 minute initial evaluation. 15 minute follow up sessions if needed for medication review	45 minute counseling sessions
Average wait time	14 days or less	4 days or less

*Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online.

Prescription availability through LiveHealth Online Psychiatry

- Psychiatrists on LiveHealth Online can prescribe non-controlled prescription alternatives in many situations. Common non-controlled prescriptions include:
 - Zoloft®
 - Prozac®
 - Celexa®
 - Cymbalta®
 - Lexapro®
 - Wellbutrin®
 - Trazodone®
 - Naloxon
 - Effexor®
 - Azona®
 - Cipralex
 - Favarin
 - Tofranil
 - Avanza
 - Seroxat
 - Lustral®
 - Intuniv®
 - Strattera®
 - Anafranil
 - Doxepin
- Psychiatrists on LiveHealth Online cannot prescribe controlled substances.



Common controlled medications that cannot be prescribed:

- Xanax®
- Ativan®
- Valium®
- Lunesta®
- Ambien®
- Methadose
- Adderall®
- Ritalin®
- Vyvanse®