

# UC SANTA BARBARA

# Student Health Service

## Student Health Advisory Committee (SHAC)

### 1st Meeting of Winter 2026 Minutes

Tuesday, 1/27/2026, 1:30 pm – 3:00 pm, SHS Conference Room 1908 with [zoom option](#)

#### Members present:

Carter Kaulback (Co-Chair)	Student Advisor to the Executive Team, SHS
Andrew Vesper (Co-Chair)	Social Work Director, SHS
George Tsouloufas	SFAC Graduate Student Representative
Melika Zademorshedbeik	Health Equity Intern
Sloane Stephenson	EOB Graduate Student Representative
Kamya Mahendru	Life of the Party Intern
Buster Buchanan	Health Equity Advocate
Kristen Rogers	Director of Nursing, SHS
Erin Moore	Interim Medical Director, SHS
Randy Lina	Director of Pharmacy, SHS
Jade Mundell	Patient Experience Supervisor, SHS
Angela Andrade	Associate Vice Chancellor of Student Wellbeing
Jay Jerue	Health Equity Intern
My-Anh Holmes	ICA Tennis Representative
Grace Johnson	Undergraduate Student
Troy Heye	Undergraduate Student

#### Members absent:

Hayley Meyer	Greek Life Representative
Amirtha Srinivasan	EVPLA Health Care Initiatives Coordinator

Andrew Yanez

Undergraduate Student

## 1. New member introduction

a. New members introduced themselves:

- i. T. Heye stated he wanted to learn about how student health works and what he can offer from a student perspective.
  1. Mentioned he wanted to do a study on the stress and health of the student body and wanted data from Student Health.
- ii. G. Johnson said she has lots of friends who've had experiences at student health that could speak to them in future meetings.
- iii. My-Anh Holmes stated she is an ICA tennis athlete and a pre-biology major interested in explaining her experiences with Student Health.

## 2. Approve updated [SHAC charter](#)

a. Reviewed updated charter, highlighting the differences that detail as

follows:

- i. Removed membership requirements subsection that limited members to being endorsed student representatives of school-associated entities/organizations in order to allow more general student input.
- ii. Removed a statement of ineligibility for the Chairperson to hold office if they fail to excuse two absences and do not start the meeting within 15 minutes from the "General Duties of the

Committee Chair” subsection to allow for more leniency in starting the meeting with all members in attendance.

- iii. Lowered the number of times SHAC shall draft a formal report concerning the recommendations made and the results of those changes to SHS from twice to once.
- iv. Removed “Director of the Alcohol and Drug Program” from the list of Ex-Officio Advisors because that position no longer exists.
- v. Motion to table approval of updated charter suggested by S. Stephenson to allow for students to read and familiarize themselves with the charter. C. Kaulback gave the first motion to table it for next meeting, seconded by A. Vesper.

### **3. Updating membership process**

- a. A. Vesper agreed on updating the membership process in order to lower the barrier to inclusion for students.
  - i. Proposed establishing a smaller committee that reviews student applications with guidelines for acceptance established by that committee to ensure proper balance of representation and a reliable vetting process.

### **4. SHAC website update**

- a. B. Buchanan proposed to take down the current member list on the SHAC website.

- b. Updated charter, member photos, and membership process in progress to submit to the website development team.

#### **5. Shared Google Drive for storing and accessing meeting minutes**

- a. The committee agreed upon establishing a shared google drive for storing and accessing meeting minutes to allow members not in attendance or members seeking specific information from past meetings to access the information.

#### **6. Development of awareness campaign for local healthcare benefits**

- a. C. Kaulback explained an ongoing awareness campaign project, which provides UCSB students with details on how to take advantage of benefits for all insurance types (UCSHIP, waived, and GAP).
  - i. Working with A. Srinivasan, the information-gathering process was noted to be split between UCSHIP student benefits information for C. Kaulback, and waived and GAP student benefits information for A. Srinivasan.
    - 1. Updates to come.
- b. Open discussion on the best way to disseminate the gathered information for the campaign.
  - i. Social media, specifically Instagram and TikTok were highlighted as the best option to reach students.
  - ii. M. Holmes explained that her UCSB Tennis Instagram account, which

was recently established, has gathered considerable viewership. It was noted that this was achieved through reposting and being interactive with other organizations.

1. C. Kaulback seconded this idea of being interactive, drawing an analogy to showing up to events in real life.
- iii. K. Mahendru mentioned that the Health and Wellness weekly newsletter has around 30,000 people clicking on it. Notably, there have been popular videos that go viral amongst a plethora of lesser-seen informational posts.
    1. B. Buchanan mentioned a good way of spreading information would be to physically post it on the wall in waiting areas at Student Health.
      - a. It was noted that having “advertisements” in working areas at Student Health has been an on-and-off process, with students mentioning it clutters the space and distracts them in some years, but not others.
  - iv. Another idea brought to the committee’s attention was having the information be projected to TVs in waiting areas.

## **7. Purpose of SHAC for new student committee members**

- a. The mission statement for SHAC was re-visited by C. Kaulback for the newer student committee members as follows:

- i. SHAC members act as a conduit, conveying broader student perspectives directly to SHS leadership.

## **8. Proposed goals for 2026 SHAC**

- a. C. Kaulback introduced general goals for the 2026 SHAC as balanced recruitment, facilitating engaging discussions about SHS, and influencing changes if needed.

## **9. Open discussion**

- a. Student committee members were invited by E. Moore to bring any student health experiences, good, bad, and/or neutral to the conversation.
  - i. M. Holmes explained a unique ICA athlete experience as follows:
    1. In the fall she was concussed, then had to get X-rays and an MRI done.
    2. UCSHIP was not properly processing the claim and her parents were mailed the bill, despite her trainer dealing with the claim submission.
    3. E. Moore mentioned that ICA athletes have their own insurance in addition to UCSHIP, so it's likely that the carriers were having trouble with communications. E. Moore also informed the committee that we have employees at SHS that deal with insurance-related issues via phone or in person.