

UC SANTA BARBARA
Student Health Service

Student Health Advisory Committee (SHAC)

1st Meeting of 2025-2026

Friday, 12/05/2025, 2:30 pm – 4:00 pm, SHS Conference Room 1908

with zoom option

Members present:

Carter Kaulback (Co-Chair)	Student Advisor to the Executive Team, SHS
Andrew Vesper (Co-Chair)	Social Work Director, SHS
George Tsouloufas	SFAC Graduate student Representative
Melika Zademorshedbeik	Health Equity Intern
Hayley Meyer	Greek Life Representative
Sloane Stephenson	EOB Graduate Student Representative
Kamya Mahendru	Life of the Party Intern
Buster Buchanan	Health Equity Advocate
Kristen Rogers	Director of Nursing, SHS
Amirtha Srinivasan	EVPLA Health Care Initiatives Coordinator
Erin Moore	Interim Medical Director, SHS
Randy Lina	Director of Pharmacy, SHS
Andrew Yanez	Undergraduate Student
Jade Mundell	Patient Experience Supervisor, SHS
Angela Andrade	Associate Vice Chancellor of Student Wellbeing

Members absent:

Jay Jerue	Health Equity Intern
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1. Members introduction

- a. All members introduced themselves and what they were interested in getting out of being on the committee
- b. E. Moore stressed the importance of seeing student perspectives on SHS
- c. EOB (executive oversight board) representation by S. Stephenson – interfacing the UC campuses to discuss financial reports and UCSHIP updates
- d. Most students in attendance of this meeting were already associated with SHAC meeting in the past, so a point was made following introductions that a recruitment effort would be in effect to increase the transfer of information and potency of SHAC

2. Confidentiality statement

- a. A. Vesper explained that confidentiality in the group will support members speaking freely. Meeting minutes will not have sensitive information and will be uploaded on the SHAC website for full transparency between the student body and SHS

3. Review [SHAC charter](#)

- a. The SHAC charter was reviewed by the committee.
 - i. Highlighted points about outdated and strict qualities that will be updated by ideas provided by the current SHAC members to provide a much lower accessibility barrier for those interested in joining the committee and/or voicing their opinion/thoughts
 - ii. A. Vesper seconded C. Kaulback's explanation for making SHAC more inclusive
 - iii. S. Stephenson shared her experience facing multiple barriers when trying to attend a meeting in the past, in alignment with the outdated SHAC charter. The new culture for SHAC will be more encouraging

and welcoming for students, regardless of their representative group (if applicable) going forwards to facilitate more student participation

4. Presentation by SHS employees for student members to become acquainted and knowledgeable about what SHS offers and [what UCSHIP covers](#)

- a. R. Lina presented a slideshow detailing an overview of UCSB's pharmacy and how to use its services with UCSHIP
 - i. Showed the physical location of where the pharmacy is and the operating hours that mirror the clinic's schedule in addition to contact information for inquiries
 - ii. Highlighted UCSHIP copays
 1. Generic medicine Copay - \$5
 2. Brand-name medicine Copay - \$25
 3. Specialty medicine Copay - 10% Up to \$250
 4. Most birth controls are covered at no charge under UC SHIP
 - iii. Explained that the pharmacy does prescription fills for UCSB students using UCSHIP
 - iv. Can bill UC SHIP for more than 30 day supply for eligible medications – benefit of using SHS Pharmacy
 1. Ex. 60 day supply -\$10 copay
 2. Ex. 90 day supply - more convenient & \$10 copay (vs 3 copays of \$5)
 - v. Outside pharmacies can only bill UC SHIP up to 30 day supply
 - vi. Access to specialty medications
 - vii. Transferring to UCSB SHS Pharmacy:
 - Contact the pharmacy by stopping by in-person, calling their phone number, or contacting them through MyHealth Portal. They do the rest!
 - viii. Transferring to another pharmacy from UCSB SHS Pharmacy:

- Protocol: Contact the pharmacy from where you would like to pick up your prescription. They will contact our pharmacy.
- ix. Highlighted new services like emergency contraception and direct birth control prescriptions by pharmacists
 - No need to schedule an appointment with a primary care provider
- x. OTC, or over the counter, medications (no prescription)
 1. Have no tax
 2. Can do special order OTCs (arrives in 1 to 2 business days)
 3. The cost is typically lower than outside pharmacies
 4. [List of OTCs offered](#)
- xi. Emergency contraception offered
 - Lower cost for Plan B (\$20) than outside pharmacies
- xii. Birth control can be prescribed by pharmacists
 1. Started recently, very successful
 2. Get prescriptions right away by walking into pharmacy
 3. If you have UCSHIP, 0\$ copay
- xiii. Contact pharmacy through phone numbers or MyHealth Portal
- b. E. Moore stated students likely don't know that you can get birth control without an appointment, you can just walk into the pharmacy.
- c. Advertisement for pharmacy services was encouraged,
- d. K. Mahendru said the Safe Sex Peers at Health and Wellness can advertise for the pharmacy.
 - i. Promote available pharmacy services through Health and Wellness' social media and events, particularly during Sexual Responsibility Week in February.
- e. A. Vesper explained the concept of case management in social work, emphasizing its role in linking students to resources and support long term.

- f. C. Kaulback added that the providers' roles in providing travel medicine services for students going abroad was relatively underused due to a lack of awareness. It was noted that UCSB has a very large study abroad program and the immunization clearance needed before traveling can be done very easily at SHS.
- g. E. Moore discussed updates to the student health portal
 - i. New booking system for telehealth and in-person appointments, which will be launched in January
 - ii. Emphasized the need for student feedback on the portal's design and functionality
 - iii. Introduced the concept of asynchronous care, which allows students to receive certain medical services without an appointment, and highlighted the need for better communication about available asynchronous services
 - iv. Mentioned the introduction of a new combination test for COVID, flu, and RSV
 - v. New ability to perform blood count checks in-house
 - vi. Highlighted the availability of monthly professional development sessions, which are open to SHAC members
 - 1. Exciting opportunity to learn at a provider level how to administer care through certain techniques and stay up to date on recent methods of administration
- h. K. Rogers discussed updates on vaccines, testing capabilities, and professional development opportunities at the clinic
 - i. More providers allows more appointments available
 - ii. Provided an update on influenza-like illnesses, noting an increase in cases, and mentioned that Student Health mass immunization clinics may be discontinued in favor of scheduled vaccine appointments

- iii. UCSHIP Advisory Committee is evaluating student health insurance options for the 2026-2027 year, with a decision expected by late January or February
- i. B. Buchanan and M. Zadehmorshedbeik are in the process of creating an online health literacy resource to help students navigate healthcare and health insurance
 - i. Main goal is to categorize content into main topics like insurance, getting care, healthcare advocacy, and privacy
 - ii. K. Rogers highlighted the significant need for such resources, noting that many students lack basic understanding of health insurance and UCSHIP
 - iii. The committee agreed to start with broad, universally applicable information before expanding to more specific topics, with efforts already in full swing to incorporate dialogue scripts, infographics, and referrals to campus services
 - iv. They aim to have a basic website with essential content by the end of the academic year, with ongoing refinement and input from stakeholders.
 - v. Committee reviewed the work in progress. Notably, the current draft was extremely detailed and thorough, even giving scripts for phone calls that students have to make to doctors, companies, etc.

5. Student committee member open discussion

- a. C. Kaulback reiterated the importance of having more student members, especially those who represent a larger population/organization that utilize student health often, such as UCSB athletics

6. Final message to student committee members

- a. SHAC members act as a conduit, conveying broader student perspectives directly to SHS leadership.

7. Goals for 25-26 SHAC

- a. Update charter as explained previously
- b. Recruitment – possible social media involvement working with Jason Stone and the Marketing and Communications Team at SHS

8. Meeting adjournment

- a. Meeting was adjourned at 4:00pm
- b. Next meeting to be scheduled by end of January, 2026