

# UC SANTA BARBARA

# Student Health Service

## Student Health Advisory Committee (SHAC) Meeting Minutes

Tuesday, 11/19/2024, 11:00 AM – 12:30 PM, SHS Conference Room

### Members Present

Jada Moore (Co-Chair)	Student Advisor to The Executive Director of SHS
Dr. Vejas Skripkus (Co-Chair)	Executive Director of Student Health Services
Dr. Erin Moore	Student Health Medical Director
Kristen Rogers	Nursing Director
Dr. Jackie Kurta	Director of the Alcohol and Drug Program
Buster Buchanan`	Health Equity Advocate of Student Health Services
Daniel Sammie	EOB Undergraduate Representative
Sloane Stephenson	EOB Graduate Representative
Moira Gullem	A.S. EVPLA Chief of Staff
Dr. Randy Lina	Director of Pharmacy Services
Carla Pacot	UCSB ICA Representative
George Tsouloufas	Graduate Student SFAC Representative

### 1.) Call to Order

Jada Moore called the meeting to order at 11:03 A.M. on 19-November-2024 at the Student Health Services Conference Room.

### 2.) Spring 2024 Meeting #2 minutes approval

a.) Approved by JM and VS

### 3.) Introductions

a.) All present members introduced themselves.

b.) Ice breakers- (name, year, major/ title, what are you looking forward to this holiday season?)

c.) Organizational structure of Student Affairs and re-introduction of The SHAC charter

### 4.) Confidential Space

a.) Discussed the safe and confidential space that The SHAC needs to provide

and will provide for all members.

### **5.) Medical Updates – Dr. Erin Moore**

- a.) Primary Care Provider Hires
  - i.) Sarah Guisinger Comp Health locums PA start 9/3/2024
  - ii.) Dr. John Stevenson Sports Medicine Physician start 10/1/24
    - (1) ICA treatment as well as primary care
- b.) Additions to Asynchronous Care
  - i.) 6 additional visits:
    - (1) Emergency Contraception
      - (a) RX, oral pill, or appt for emergency IUD
    - (2) Dandruff
    - (3) Motion Sickness Med Request
    - (4) Altitude Sickness Med Request
    - (5) EpiPen Med Request
    - (6) Known Exposure to an STI
      - (a) Treatment options without seeing a patient
  - ii.) Open to all students, more cost effective option
  - iii.) Ability to request a referral without coming in
  - iv.) George asked when this became an option
    - (1) Built summer 2023 and continuous development since
  - v.) Looking for better advertisement options, how to promote for students
  - vi.) Accessible to all students regardless of insurance with a fee of \$56
    - (1) Free for GAP
    - (2) Claim UC SHIP, no OOP
    - (3) Coming in for a face-to-face visit is \$80
    - (4) Charges are disclosed
    - (5) All substance use, addictive behavior, counseling support, and social work services is free for all enrolled students regardless of insurance
- c.) Fast Track closure and reopening
  - i.) Fast simple visit clinic
    - (1) Struggle this quarter: students prefer to web book, not call, requesting more complex appts than the service is intended for
    - (2) Point of care
      - (a) instead of lab doing tests, results are in clinic at point of the care
      - (b) Point of Care is the ultimate goal
        - (i) Key current issue = staffing (Medical Assistants)

1. Daniel asked if there is a possibility to train medical assistants on site in accordance with California state law?
  - a. UC wide risk does not allow this
  - b. "Students as medical assistants is not in best practice"
  - (ii) Have all the other resources ready to go
    - (3) Proposal for a potential alteration of formulation?
- ii.) Closed Summer 24 → Reopened Fall 24
  - (1) Due to less usage over summer
- iii.) Top services
  - (1) Respiratory Visits
  - (2) UTIs
- d.) Mass Immunization Clinic F24
  - i.) Immunized ~ 900-1200 vaccines
  - ii.) Whole week reserved, very successful
    - (1) Closed after day 3
  - iii.) New religious and disability exception for vaccination
- e.) Fall Campus Vaccine Clinic collaboration with H&W, outside vendor
  - i.) Good option for people without UC SHIP
    - (1) Open to families as well
  - ii.) Vendor - Albertsons
  - iii.) (New orientation video with H&W- admin) presented at orientation
    - (1) Question from Sloane: Was this part of the graduate orientation program as well?
      - (a) A: No, just undergraduates and transfers
      - (b) Sloane proposed that we can send her the video for her to distribute to graduate students
        - (i) Sloane explained that the graduate orientation entails a 3 hour meeting information dump for graduate students, sparse on information regarding healthcare and student health services, Sloane receives many questions on this
        - (ii) George states that he had a similar experience 8 years ago in his graduate program
    - (2) Updated video will be updated with new vaccine exemptions
- f.) Healthcare Providers Required to Stay Up-to-date with Medicine
  - i.) Professional development – Certified medical education lectures

- (1) 5/1/24 Bipolar Disorder (Dr. Karl Zate)
- (2) 5/15/24 Hematology/Oncology for Student Health (Dr. Julian Davis)
- (3) 5/22/24 H5N1 (Dr. Moore/Edwards RN)
- (4) 6/12/24 CME: Meningococcal Disease at UCSB: Past Experiences and Future Planning (Dr. Ferris, Jim Caeser)
- (5) 6/12/24: Dr. DeLozier presented to UC Regents on Comprehensive Reproductive Services (with UCB, UCI)
- (6) 10/16/24: Burnout prevention
- (7) 10/30/24: The History of Cervical Cancer Screening and Present Guidelines for Screening and Management
- (8) One upcoming on strangulation 12/11/24
- g.) SHS Lab New Hires
  - i.) CLS career- Christine Mills starting 2/10/25
  - ii.) CLS locums- Eliseo Briones start 9/13/24
  - iii.) Lab Medical Director- Dr. Emily Waterhouse start 7/12/24
    - (1) Works at cottage, external to us
- h.) SHS lab
  - i.) New updated strep test
  - ii.) Self collect for STI tests
  - iii.) Big project POC pending staffing
- i.) SHS Radiology
  - i.) Discontinued student workers
  - ii.) iPad check-in station
  - iii.) In-progress: PNC interface with Pueblo radiology
    - (1) Our IT is all set up, awaiting Pueblo
      - (a) Goal = January 2025
    - (2) Easier order and image logistics

## 6.) SOGI

- a.) Includes anything in relation to sexual orientation and gender identity
- b.) Trying for the last year to initiate collection of data locally
  - i.) Instead of pulling from entire university, collect SHS info separate from rest of campus
    - (1) Good to identify specifically for medical care
  - ii.) Registrar have not been collecting legal sex information over last 3 years
  - iii.) Entirely based on gender identity model
    - (1) M, F, X (nonbinary, other gender, nonconforming), U

(undisclosed)

- iv.) Identity manager
  - (1) Information pops up in portal where they access student information
  - (2) Goal to collect local information
  - (3) Available to fill out on myHealth portal
- v.) Issue with lab
  - (1) Work with Quest diagnostics
    - (a) System not set up to receive an X or U, only accept M or F
    - (b) Issue: no way to determine majority hormone in body or sex assigned at birth
    - (c) Met with quest, assured M or F is only used for billing, does not affect lab results
      - (i) Resulted with male and female ranges laid over each other
      - (ii) Physician interprets appropriate assignment themselves
      - (iii) Proposal to select M or F based on last number of perm number being odd or even in order to randomize selection
        - 1. Does not affect billing or if claim is accepted by insurance
      - (iv) Will not be collecting legal sex information
    - (d) Struggling to find solution working for both students and staff
      - (i) Survey asking students for gender identity and sexual orientation
      - (ii) May or may not include question if sex assigned at birth matches current gender identity
      - (iii) Lived name and pronouns only stored in student health and CAPS systems
        - 1. No longer filled out by campus systems but by the student themselves
      - (iv) Occurs during first pre-appointment questionnaire prior to a visit
      - (v) Jackie: Will students have the same option to update their local phone number?

1. Likely no. Phone number impacts entire campus and must be updated directly through student health
2. Localizing number may result in zero updates
  - a. Remain updating through identity manager
3. Propose streamlined process to change phone number through Identity manager

## 7.) Pharmacy Updates – Dr. Randy Lina

- a.) Over a year since the move to outside space
- b.) New website updates with frequently asked questions
- c.) Authority for Pharmacists to Prescribe Birth Control
  - i.) Launching soon!
  - ii.) Pharmacists will be able to prescribe birth control directly.
  - iii.) Available for students with or without UC SHIP
    - (1) Pickup at UCSB pharmacy
    - (2) Portable BC options for non-UC SHIP
      - (a) Been able to lower prices for this
      - (b) Select certain birth controls that are more affordable, so slightly more limited supply ( ~ \$30)
      - (c) For UC SHIP: free of cost
  - iv.) Consultation with pharmacist
    - (1) Goal for this to launch next quarter
    - (2) For other insurances besides UC SHIP — pay out of pocket, pick up at UCSB pharmacy
      - (a) Depending on insurance, can send receipt to insurance company and see if they can do a reimbursement
      - (b) Asynchronous care is a good option for those who would rather not pick up Rx at UCSB pharmacy
      - (c) Some Kaiser plans allow us to prescribe at an outside pharmacy, some don't
        - (i) Dependent on plan type
      - (d) Question on itemized receipts for OOP / UC SHIP charges at pharmacy
        - (i) No itemized receipts – charge is visible as “UCSB student health pharmacy charge”
      - (e) Consultations can be essentially walk-ins dependent on

pharmacist availability

- (i) Require a blood pressure measurement to prescribe birth control, cuff available in SHS lobby or self report
- d.) Direct Messaging – Convenient for refills, transfers, and more!
  - i.) UCSB MyHealth Portal
    - (1) Available after hours as well
  - ii.) Free of charge to get Rx mailed with UC SHIP
    - (1) Some Rx are unavailable for mailing
    - (2) Mailed via Fedex
- e.) UC SHIP Benefits
  - i.) Our pharmacy can dispense over 30-day supplies through UC SHIP -
  - ii.) Outside pharmacies are limited to 30-day supplies.
    - (1) \* excluding birth control
- f.) Over-the-Counter Products – Affordable, tax-inclusive prices.
  - i.) Access to specialty medications
    - (1) Increasing recently
    - (2) very expensive, unavailable at general pharmacies
  - ii.) Typically need to be filled at specialty pharmacies, however, students can pick up these medications directly from our pharmacy.
  - iii.) Pharmacy OTC medications
    - (1) open to students, faculty and staff
    - (2) updates list
  - iv.) Proposal for announcements over loudspeaker at pharmacy
    - (1) Overall consensus from voting members in agreement

## **8.) Behavioral Health Overview**

- a.) Psychiatry
  - i.) Accommodate students with urgent needs
- b.) Social work team
  - i.) Includes a specific housing team
- c.) Alcohol and drug team
  - i.) Oversee Gauchos For Recovery
  - ii.) Work very closely and very interactively with CAPS team

## **9.) Nursing Updates**

- a.) Handles high volumes of:
  - i.) Immunizations
  - ii.) Triage
  - iii.) Phone calls

- iv.) Fast track
- b.) Facing challenges with the MA shortage
- c.) February — upcoming accrediting body (occurs every 3 years)
- d.) Service update: can't inject meds from outside prescriber

**10.) Open Discussion**

- a.) Elizabeth - Health equity intern
  - i.) Discussed current project – Free covid test distribution
  - ii.) Approved funding (AS funding) Through PMHC
  - iii.) Goal is to purchase before the start of winter quarter
    - (1) 500 covid test orders
  - iv.) Distribution sites at UCEN, cultural resource centers, SRB, etc
- b.) George: looking for ideas on how SFAC could assist on funding issues
  - i.) Only accept applications once a year
  - ii.) SHS goal is to stay within budget and not have to rely on SFAC funding
  - iii.) Proposal to meet to work on separate SFAC projects
    - (1) Ex) specific renovations, increased lighting
    - (2) SFAC proposal to aid in promotions and advertisement of services

**11.) UCSB wellbeing website**

- a.) People can ask questions
  - i.) Storkie chatbot
- b.) We must continue to make a good effort in letting students know this website exists
- c.) Covers services, events, updates, calendar
- d.) Current movement to unify well-being website with SHS in line with conjoinment of entities within Student Affairs

**12.) Adjournment**

- 1) Co-Chair Moore adjourned the meeting at 12:33 P.M.