



# Go green

Sign up for paperless communications today

Sign up on the **Sydney<sup>SM</sup> Health** app or [anthem.com/ca](https://www.anthem.com/ca) to see your claims and explanation of benefits (EOBs) right from your phone or laptop instead of waiting for them in the mail. You'll get instant access to all your claims information, including:

- The amount your doctor, hospital, or other healthcare professional charged
- The amount we paid
- The amount you have to pay out of pocket

## How to view your claims

You can either log in to the **Sydney Health** app, then choose **Claims**, or log in to [anthem.com/ca](https://www.anthem.com/ca) and choose **Claims & Explanation of Benefits** under *Claims & Payments*.

Do you have questions? Live chat with us on **Sydney Health** or [anthem.com/ca](https://www.anthem.com/ca). Or call the Member Services number on your ID card.



Scan this QR code with your phone's camera to download the Sydney Health app.

## How to switch



### On Sydney Health

1. Log in and select **Profile** under the **Menu** tab.
2. Under *Communications & Settings*, select **Plan Communications**.
3. Select **On** to get benefit updates, EOBs, and other helpful information.



### On [anthem.com/ca](https://www.anthem.com/ca)

1. Log in and select **Profile**.
2. Under *Communications & Settings*, select **Plan Communications**.
3. Select **On** to get benefit updates, EOBs, and other helpful information.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2023

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