Change: Quarantine decreased from 14 to 10 days post COVID exposures

- Consistent with SBCPHD, CDPH, and CDC recommendations, the UCSB COVID-19 response team is changing the required quarantine period from 14 days to 10 days after exposure to a known case of COVID-19.

- This applies to patients who are *asymptomatic*.

- Patients must continue to mask, practice social distancing, and monitor for symptoms after release from quarantine after day 10.

- **Exempt:** employees who are not healthcare workers and are more than two weeks post COVID vaccine #2 but before 90 days post COVID vaccine #2 do not have to quarantine.
  - If their 10 days would end AFTER day 90, they would be required to quarantine for those 10 days.

Resources:

- [https://publichealthsbc.org/dont-feel-well/](https://publichealthsbc.org/dont-feel-well/)

- [https://publichealthsbc.org/healthcare-professionals/](https://publichealthsbc.org/healthcare-professionals/)


- [https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html](https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html)