Change: Quarantine decreased from 14 to 10 days post COVID exposures

- Consistent with SBCPHD, CDPH, and CDC recommendations, the UCSB COVID-19 response team is changing the required quarantine period from 14 days to 10 days after exposure to a known case of COVID-19.

- This applies to patients who are asymptomatic.

- Patients must continue to mask, practice social distancing, and monitor for symptoms after release from quarantine after day 10.

- **Exempt**: Anyone **WITHOUT** symptoms who is more than two weeks out from completion of a COVID vaccine series and less than 90 days from the final dose in series does not have to quarantine.
  - If their 10 days would end AFTER day 90, they would be required to quarantine for those 10 days.

Resources:

- [https://publichealthsbc.org/dont-feel-well/](https://publichealthsbc.org/dont-feel-well/)
- [https://publichealthsbc.org/healthcare-professionals/](https://publichealthsbc.org/healthcare-professionals/)
- [https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html](https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html)